



## Chadlington C of E Primary School's Physical Education Policy Statement

Written February 2014 Review Date July 2014

### **Purpose of Physical Education Programme**

This School believes that Physical Education, experienced in a safe and supportive environment, plays a unique and vital contribution to a pupil's physical development and well-being. We believe that our high-quality physical education curriculum **inspires** all pupils to **succeed** and **excel** in **competitive sport** and other **physically demanding activities**. It provides opportunities for our pupils to become **physically confident** in a way which supports their **health and fitness**. We provide opportunities for students to compete in sport and other activities to **build character** and help to embed values such as **fairness and respect**.

### **Aims**

Our physical education curriculum aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives
- develop a sense of responsibility for the safety of themselves and others.
- develop the ability to work independently and communicate with, and respond positively towards, others.

### **Entitlement PE Curriculum**

#### **Key stage 1**

Pupils develop **fundamental movement skills**, become increasingly competent and confident and access a broad range of opportunities to extend their **agility, balance and coordination**, individually and with others. They should be able to engage in **competitive** (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils are taught to:

- master basic movements including **running, jumping, throwing and catching**, as well as developing **agility, balance and co-ordination**, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for **attacking and defending**
- perform **dances** using simple movement patterns

## Key stage 2

Pupils continue to apply and develop a **broader range of skills**, learning how to use them in different ways and to **link them to make actions and sequences of movement**. They should enjoy **communicating, collaborating and competing** with each other. They should develop an understanding of **how to improve** in different physical activities and sports and learn how to **evaluate** and recognise their own success.

Pupils are taught to:

- use **running, jumping, throwing and catching** in isolation and in combination
- play **competitive games, modified** where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for **attacking and defending**
- **develop flexibility, strength, technique, control and balance** [for example, through athletics and gymnastics]
- perform **dances** using a range of movement patterns
- take part in **outdoor and adventurous activity challenges** both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their **personal best**

## Swimming and water safety

We provide swimming instruction for years 1 - 6. We provide additional top up lessons for year 6 pupils who are unable to swim 25metres.

In particular, pupils are taught to:

- **swim competently**, confidently and proficiently over a distance of at least **25 meters**
- use a **range of strokes** effectively [for example, front crawl, backstroke and breaststroke]
- perform **safe self-rescue** in different water-based situations

## Time Allocation for PE

Each pupil has 2 x 1 hour PE lessons

## Continuity and Progression

Each class teacher has a copy of the curriculum map and Scheme of Work. Information will be passed to the new class teacher about pupil's ability, attitude and involvement during the transfer meetings.

## Extra-Curricular Opportunities

The extra-curricular programme compliments and supplements the range of activities covered in curriculum time. We follow a full range of inter-school tournaments and festivals within the Chipping Norton Partnership of Schools (CNPS) At the beginning of each year, we publish a documented timetable of clubs and interschool activities on our school website

## Monitoring and Evaluation of PE

The PE co-ordinator monitors and evaluates the programme by carrying out lesson observations. This information will be used to improve the teaching and learning within PE.

## Equal Opportunities and Inclusion

The physical education policy supports the values and beliefs described in the school's equal opportunities policy statement.

## Participation in PE

All children should get changed and take part in PE lessons if they are at school. They may be excused certain parts of the practical activity, if they have a physical injury, but they still do the practical parts of the lesson they are able to do and learn with the rest of the class. They may take on a different role such as coach, evaluator, match report writer etc. The school has a small amount of kit that they will lend out in case a child forgets.

## Safety

Health & Safety awareness is an integral part of children's learning in PE. All staff work to accepted codes of practice (Safe Practice in PE ND Sport AfPE)

- Risk assessment is carried out before each visit off the school site.
- Teachers supervise children when changing and travelling.
- No jewellery (not even studs with plasters) may be worn for PE.
- Long hair must be tied back.
- Laces must be done up tightly with a bow on top of the tongue.
- All PE equipment is inspected annually, checked before use, used appropriately and stored safely.
- All accidents and 'near misses' are comprehensively logged and reported to the appropriate body where required.
- There is regular communication with parents about school policies and practice.
- Pupils are given opportunities to think about safe practice in relation to themselves and peers.
- PE facilities provide clean hazard free playing surfaces, sufficient space for activities, appropriate usage and a regular and systematic maintenance programme.
- First Aid provision is available.
- PE staff have access to medical information on pupils.
- Please see specific Risk assessment forms for activities such as swimming, gymnastics

**Signed:**

..... (PE Co-ordinator)      Date.....

..... (Head Teacher)      Date.....

..... (Chair of Governors)      Date.....

**Policy Review Date**

**July 2014**

## Chipping Norton Partnership of Schools Community Learning Programme

Festival	Yr 1	Yr2	Yr3	Yr4	Yr5	Yr6	WOSSP/County
<b>Whole Year Group</b> <b>Maximum Participation or</b> <b>Performance Festivals</b> <b>Competitive Festivals</b> (Mixed School "Country" Teams/ 2 schools per country/2 trophies per festival)	<b>Dance Festival</b> With CSLA Dance Leaders And 240 Yr 1s from 10 Schools	<b>Schoolympics</b> 1-3.15pm 2 festivals at CNS each with 225 children approx 1. Year 2&3 - St Mary's 65, HN 59, Charl 59, Enstone 29 =214 2. Year 2&3 – King 54, HT 52, MB 41, GT 30, Chad 26, GR 21 = 223 All Yr2/3s to attend with Yr12 Leader		<b>MFL Festival</b>  All Yr4s to attend with Yr12 Leaders and	<b>Urban Street Dance</b> (3 days) 10 Primary School Venues + CNSx2 All Yr5/6s to participate (at same time if space allows) <b>Cost for 12Workshops = £1000 approx</b>		
		<b>Yr 3 Drama</b> Performance/ Workshops with CNS Athena Drama Leaders, 4 schools per year	<b>Ball Skills Festival</b> 3 festivals at CNS 1. St Mary's 72, HN 60, GR 20= 152 2. Enstone 30, GT 30, Charl 60, Chad 29= 149 3. King 60, HT 54 , MB 38 =152 All Yr3/4s to attend with Yr11 Leaders		<b>SH Athletics Track</b> (Obstacles/Relays/Track only) 1 festival at CNS With Yr12 Leaders Inter Country rather than inter school  Yr 5/6 to attend if they have not taken part in any/many Elite Competitions		
		<b>Yr 3 Dance</b> Workshops with CNS CSLA Dance Leaders, 2 schools per year					
	<b>Yr3/4/5/6 Virtual Athletics Field</b> Virtual field Athletics in own Schools intra/house Speed bounce, rounders ball standing jump (3 best boys and girls in each yr - results for CNPSCamp)						
<b>Interschool</b> <b>Competitions/tournaments(selective)</b> (Single school "best" "G&T" team leading to CNSSP Championship) Big School and Small school Trophy for Each Event	<b>U11 Mixed Swimming Gala (Best swimmer regardless of age) Yr 12 Sports Leaders</b>						<b>OSG Gala</b>
	<b>U11 7 aside Girls Football (Big Schools)</b> <b>U11 7 aside Boys Football (Big Schools)</b> <b>U11 7 aside Mixed Football (Small Schools)</b>						<b>WOSSP U9 Football</b>
	<b>U11 7 aside Girls Hockey</b> <b>U11 7 aside Boys Hockey</b> Girls Tournament Followed by Boys - Yr 12 Leaders						<b>WOSSP Hockey Girls and Boys</b>
	<b>U11 Mixed Netball</b> Girls 1 <sup>st</sup> half, boys 2 <sup>nd</sup> half- Yr12 Leaders						<b>WOSSP Netball Girls and Boys</b>
	<b>U9/U10/U11 Athletics</b> (big schools 2 boys 2 girls - Small schools 1 boy 1 girl = 90 total - 12 children from big schools, 6 children from small schools, but schools could enter B team if they wanted more 8 lanes) (Track only) Yr10 Leaders						<b>Oxford School Games Quad Kids</b>
	<b>U10 Mixed Tag Rugby</b> CNRC - Yr 10 Leaders (maybe girls first half boys 2 <sup>nd</sup> like netball)						<b>WOSSP U11 Rugby mixed</b>
	<b>U11 Cricket</b> (Mixed but tends to be mainly boys) GT Cricket Club –Yr10 Leaders						<b>WOSSP U11 and U10 Cricket Girls and Boys</b>
	<b>Able Gifted and Talented</b>				<b>English, Maths, Science, Drama, Art, Philosophy4Children, Design and Tech, History</b>	<b>Maths English</b>	
<b>Family Focus</b>		<b>CNS Departments:</b> Astronomy, Science, Maths, English, D&T, Art, Drama, Music, Dance <b>CNS Coaches:</b> Tennis, Badminton, Squash, Hockey, Football, Golf, Swimming, Trampolining, Cookery etc				<b>+ Yr7/8/9</b>	
<b>Curriculum Links</b>		<b>ICT, English, Maths, Science, Physical Education + Parent Support Advisers</b>					